

Rainbow Café

fine espresso @ 1500 m

All of our meals from the menu are made in the café kitchen from fresh ingredients and using organic (Rapunzel) vegetable stocks.

Our menu changes daily and may include some of the following:

Soup of the day served with crusty bread and butter \$9.50
tomato & ginger / Indian pumpkin / celery & almond / turnip & blue cheese

Hungarian goulash - a hearty beef dish with red peppers, caraway seeds, & tomatoes \$15.50

chilli con carne (mild) - beef, red beans, red capsicums, chilli, paprika, oregano, and cumin served with basmati rice \$12.50

Bratwurst (mild German sausage) served on a bun with ketchup and / or mustard \$7.00

Tarka dal - an Indian dish made with split peas and spices served with flatbread (vegan) \$12.00

falafel - baked chickpea balls with cumin served in a pitta pocket with salad, tahini sauce and optional chilli sauce (vegan) \$9.50

chicken curry with cashews served with rice \$15.00

Greek lentil & chard stew - lentils, carrots, chard, lemon, mint (vegan) with optional feta \$12.00

Tuscan bread - a pizza base topped with ricotta, sun dried tomatoes & herbs \$4.50

a selection of Irvines pies \$4.50

A selection of ciabatta rolls (6.00) or bagels (\$7.50) filled with the following:

ham, mustard, mesclun salad / pastrami, chutney, mesclun salad
/ salmon bagel, cream cheese & red onions (\$9.50) /
hummus, sun dried tomatoes, greens / salami, pickle, gherkins

Sweets

Excluding our jumbo croissant and pain au chocolat, all other sweet treats are made in our little kitchen and include:

double chocolate buttercream gateau \$7.00

Linzer torte - raspberry jam, almonds & peanuts \$5.50

carrot cake - with cream cheese frosting & mini carrots \$6.50

chocolate truffle - orange, brandy, cream and lots of chocolate \$7.00

raspberry rings - shortcrust pastry with raspberry jam \$4.00

chocolate chippies - warm out of the oven \$3.50

Kiddie Kai

baked beans with a sausage, a pack of raisins and a marshmallow spaceman \$8.00

kids sandwiches - peanut butter & jam / ham & ketchup / tuna & mayo \$4.50

We serve locally roasted organic fair trade coffees from Pomeroy's of Nelson.

We look forward to seeing you at Rainbow (aniwaniwa) Café